

WOMEN'S

SIZES	XYPHOID MEASUREMENT	WAIST MEASUREMENT	HIP MEASUREMENT
XS	23" - 29"	19" - 25"	25" - 31"
SM	27" - 33"	23" - 29"	29" - 35"
MD	31" - 37"	27" - 33"	33" - 39"
LG	35" - 41"	31" - 37"	37" - 43"
XL	39" - 45"	35" - 41"	41" - 47"
2X	43" - 49"	39" - 45"	45" - 51"
3X	47" - 53"	43" - 49"	49" - 55"

MEN'S

XS	29" - 35"	24" - 30"	28" - 34"
SM	33" - 39"	28" - 34"	32" - 38"
MD	37" - 43"	32" - 38"	36" - 42"
LG	41" - 47"	36" - 42"	40" - 46"
XL	45" - 51"	40" - 46"	44" - 50"
2X	49" - 55"	44" - 50"	48" - 54"
3X	53" - 59"	48" - 54"	52" - 58"